FoodSafety.gov

Safe Storage of Puréed and Solid Baby Food

Purees and Solids (opened or freshly made)	Refrigerator	Freezer
Strained fruits and vegetables	2 to 3 days	6 to 8 months
Strained meats and eggs	1 day	1 to 2 months
Meat/vegetable combinations	1 to 2 days	1 to 2 months
Homemade baby foods	1 to 2 days	1 to 2 months

Date Last Reviewed September 21, 2023