Campylobacter

Sources	Unpasteurized (raw) milk, chicken, shellfish, turkey, contaminated water.
Incubation period	2 to 5 days
Symptoms	Diarrhea, cramps, fever, and vomiting; diarrhea may be bloody.
Duration of illness	About one week
What to do	Drink plenty of fluids and get rest. If you cannot drink enough fluids to prevent dehydration or if your symptoms are severe, call your doctor. Antibiotics are recommended only for patients who are very ill or are more likely to develop a serious illness, such as people with weakened immune systems.
Prevention	• Drink pasteurized milk. Do not drink raw milk. • Do not drink untreated water.

Date Last Reviewed November 15, 2024